

COURSE SYLLABUS

1. **Program of Study:** Trafficked to Triumph
Instructor/Author: Glen Alex, LCSW, Author of Living In Total Health
Host of The Glen Alex Show Podcast
2023 Positive Change Podcast Award-winner
--Health & Wellness and Psychology
Glen@GlenAlex.com
GlenAlex.com
2. **Number of Credits:** 1 – Cultural Competency
3. **Prerequisite:** None
4. **Type of Course:** Continuing Education
5. **Conditions:** Online, Self-paced

6. **Course Summary:**

Human Trafficking is modern-day slavery and is a global issue. It involves forced labor in many industries, including sex work. This course is a conversation with Glen Alex and her podcast guest, Amanda Blackwood who survived being trafficked. Their discussion addresses the various issues involved in trafficking, including personal experience, statistics, boundaries, and healing. The insight Social Workers gain from this course will enhance their understanding which will better enable them to facilitate effective change in clients and their healing process.

7. **Course Objectives:**

Course objectives serve to educate Social Workers about the personal and social impact of Human Trafficking. The objectives are:

- 1) Learn the effects of Human Trafficking
- 2) Learn how healthy boundaries can minimize victimization
- 3) Understand how Human Trafficking occurs
- 4) Understand the variety of industries impacted by Human Trafficking
- 5) Understand the victims' healing process

8. **Course Outline:**

- 1) Introduction
- 2) Objectives
- 3) Topics:
 - a. Human Trafficking Defined
 - b. How trafficking can occur
 - c. Mental health and Human Trafficking
 - d. Types of Exploitation
 - e. Boundaries and Red Flags
 - f. Myths about Human Trafficking
 - g. How We can Help
 - h. Inner Strength & Healing
- 4) Post Test

9. References:

Amanda Blackwood
Department of Homeland Security
Living In Total Health, Glen Alex, LCSW
The Glen Alex Show Podcast

10. Teaching Media:

1) Video

11. Course Policies:

Course Expiration

Please note that you must complete this online learning course and pass the exam within six months (180 days) from the date of purchase. If you do not complete the course and pass the exam within six months, then you will be required to re-purchase the course. An 80% passing rate is required. When the course expires, all test sheets received after expiration will be discarded.

Completion

A Certificate of Completion will be provided within 14 days of successful completion of this course, which requires an 80% passing score on the post-test.

State of Nevada Board of Examiners for Social Workers

Approval #A-0524-05

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Refunds

This course is non-refundable. Glen Alex will not cover fees incurred from duplicate payments, insufficient funds, stopped payments or credit/debit cards over credit limits.

12. Course/Content Evaluation

“Trafficked to Triumph: my favorite takeaways are: we must refrain and retrain the mindset of “I been through worst I can get through this too”; red flag spiraling into the “patterns seeking out patterns” behavior; and learn to recognize the stages of trauma and the signs of emotional blackmail. Thank you, thank you, and thank you Glen for boldly delving into what is often considered a taboo subject. In doing so, you have introduced healing strategies that I can use in my own life’s journey.”

--Karen H.